

Joy in the Mourning

A course to train disciples to support and visit the bereaved

Schedule

Date	Class	Location
26th September, 2.30	Session 1 - Grief and Mourning	The Coxs'
10th October, 2.30	Session 2 - Sudden Death	The Coxs'
24th October, 2.30	Session 3 - Pregnancy Loss and the Death of a Child	The Coxs'
31st October, 2.30	Session 4 - Dying and Letting Go	The Coxs'
7th November, 2.30	Session 5 - Visiting the Bereaved	The Coxs'

Notes

- Because of some trips I had already arranged to other ministries (the Riverside and Dublin), we will need to do the first two sessions a fortnight apart. Thereafter the classes will be weekly.
- We would like everyone to bring something towards eating together. We need someone to coordinate the food. Could we have a volunteer?
- The meetings will be straight after church - we should plan to arrive by 2pm, so we can eat and start no later than 2.30pm.
- The sessions will finish by 4pm
- Please have your children looked after by someone at a different venue - being able to concentrate on what we will be learning is very important. Some of the discussion will require deep reflection.

Next Steps

- Pray for God to open your heart to learn what He wants us to learn
- Pray for others in the group that God brings us all closer to one another and to His heart through this course
- If you can, reading the CS Lewis' book, "A Grief Observed" might be helpful.¹

I am grateful for your desire to learn and help others who are grieving. Many thanks.

Your brother,

Malcolm

¹ http://www.amazon.co.uk/Grief-Observed-Faber-paperbacks/dp/0571066240/ref=sr_1_1?ie=UTF8&s=books&qid=1282643310&sr=8-1